



# Mineral Point Schools Breakfast Menu Grab and Go

September  
2021

Fruit and Vegetable Selection included with Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This is for Food 4 Thought		<b>1</b> Cinnamon Roll Cheese Stick  Choice of Cereal Goldfish Graham Crackers  Fruit & Vegetable Choice 1% Milk	<b>2</b> Strawberry Cream Cheese Filled Bagel  Choice of Cereal Goldfish Graham Crackers  Juice & Vegetable Choice 1% Milk	<b>3</b> French Toast Sticks Syrup  Choice of Cereal Goldfish Graham Crackers  Fruit & Vegetable Choice 1% Milk
	<b>6</b> NO SCHOOL	<b>7</b> Sausage Breakfast Biscuit  Choice of Cereal Goldfish Graham Crackers  Juice & Vegetable Choice 1% Milk	<b>8</b> Vanilla Frosted Long John Cheese Stick  Choice of Cereal Goldfish Graham Crackers  Fruit & Vegetable Choice 1% Milk	<b>9</b> Yogurt Parfait with Fruit & Granola  Choice of Cereal Goldfish Graham Crackers  Juice & Vegetable Choice 1% Milk
<b>13</b> Mini Donut Yogurt Cup  Choice of Cereal Goldfish Graham Crackers  Juice & Vegetable Choice 1% Milk	<b>14</b> Sausage Breakfast Biscuit  Choice of Cereal Goldfish Graham Crackers  Fruit & Vegetable Choice 1% Milk	<b>15</b> Cinnamon Roll Cheese Stick  Choice of Cereal Goldfish Graham Crackers  Juice & Vegetable Choice 1% Milk	<b>16</b> Mini Pancakes  Choice of Cereal Goldfish Graham Crackers  Fruit & Vegetable Choice 1% Milk	<b>17</b> French Toast Sticks Syrup  Choice of Cereal Goldfish Graham Crackers  Juice & Fruit Choice 1% Milk
<b>20</b> Mini Donut Yogurt Cup  Choice of Cereal Goldfish Graham Crackers  Fruit & Vegetable Choice 1% Milk	<b>21</b> Bacon, Egg & Cheese on Biscuit  Choice of Cereal Goldfish Graham Crackers  Juice & Vegetable Choice 1% Milk	<b>22</b> Long John Donut Cheese Stick  Choice of Cereal Goldfish Graham Crackers  Fruit & vegetable Choice 1% Milk	<b>23</b> Strawberry Cream Cheese Filled Bagel  Choice of Cereal Goldfish Graham Crackers  Juice & Vegetable Choice 1% Milk	<b>24</b> Banana Chocolate Loaf Cheese Stick  Choice of Cereal Goldfish Graham Crackers  Fruit & Vegetable Choice 1% Milk
<b>27</b> Mini Donut Yogurt Cup  Choice of Cereal Goldfish Graham Crackers  Fruit & Vegetable Choice 1% Milk	<b>28</b> Bacon, Egg & Cheese on Biscuit  Choice of Cereal Goldfish Graham Crackers  Juice & Vegetable Choice	<b>29</b> Cinnamon Roll Cheese Stick  Choice of Cereal Goldfish Graham Crackers  Fruit & Vegetable Choice 1% Milk	<b>30</b> Mini Pancakes  Choice of Cereal Goldfish Graham Crackers  Juice & Vegetable Choice 1% Milk	<b>1</b> French Toast Sticks Syrup  Choice of Cereal Goldfish Graham Crackers  Fruit & Vegetable Choice 1% Milk

PRICES

Elementary	\$0.00
MS/HS	\$0.00
Reduced	\$0.30
Adult	\$2.60
Extra Milk	\$ .50

EXTRA INFO

Milk Choice of 1% White or Chocolate Skim included with Breakfast. For questions contact FSD Nancy Smith at [taherfoods@mp.k12.us](mailto:taherfoods@mp.k12.us) or call 608-987-0739 ext 460

HARVEST OF



THE MONTH

Your MENUS plus more information on our app  
Taher Food4Life®



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