



Mineral Point Schools Breakfast Menu Grab and Go

October
2021

Fruit and Vegetable Selection included with Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	This is for Food 4 Thought			1 French Toast Sticks Syrup Choice of Cereal Goldfish Graham Crackers Fruit & Vegetable Choice 1% Milk
4 Mini Eggo Waffles Choice of Cereal Goldfish Graham Crackers Juice & Vegetable Choice 1% Milk	5 Sausage Breakfast Biscuit Choice of Cereal Goldfish Graham Crackers Juice & Vegetable Choice 1% Milk	6 Vanilla Frosted Long John Cheese Stick Choice of Cereal Goldfish Graham Crackers Fruit & Vegetable Choice 1% Milk	7 Yogurt Parfait with Fruit & Granola Choice of Cereal Goldfish Graham Crackers Juice & Vegetable Choice 1% Milk	8 Banana Chocolate Loaf Cheese Stick Choice of Cereal Goldfish Graham Crackers Fruit & Vegetable Choice 1% Milk
11 Mini Donut Yogurt Cup Choice of Cereal Goldfish Graham Crackers Juice & Vegetable Choice 1% Milk	12 Sausage Breakfast Biscuit Choice of Cereal Goldfish Graham Crackers Fruit & Vegetable Choice 1% Milk	13 Cinnamon Roll Cheese Stick Choice of Cereal Goldfish Graham Crackers Juice & Vegetable Choice 1% Milk	14 Mini Pancakes Choice of Cereal Goldfish Graham Crackers Fruit & Vegetable Choice 1% Milk	15 French Toast Sticks Syrup Choice of Cereal Goldfish Graham Crackers Juice & Fruit Choice 1% Milk
18 Mini Eggo Waffles Choice of Cereal Goldfish Graham Crackers Fruit & Vegetable Choice 1% Milk	19 Bacon, Egg & Cheese on Biscuit Choice of Cereal Goldfish Graham Crackers Juice & Vegetable Choice 1% Milk	20 Long John Donut Cheese Stick Choice of Cereal Goldfish Graham Crackers Fruit & vegetable Choice 1% Milk	21 Strawberry Cream Cheese Filled Bagel Choice of Cereal Goldfish Graham Crackers Juice & Vegetable Choice 1% Milk	22 Banana Chocolate Loaf Cheese Stick Choice of Cereal Goldfish Graham Crackers Fruit & Vegetable Choice 1% Milk
25 Mini Donut Yogurt Cup Choice of Cereal Goldfish Graham Crackers Fruit & Vegetable Choice 1% Milk	26 Bacon, Egg & Cheese on Biscuit Choice of Cereal Goldfish Graham Crackers Juice & Vegetable Choice	27 Cinnamon Roll Cheese Stick Choice of Cereal Goldfish Graham Crackers Fruit & Vegetable Choice 1% Milk	28 Mini Pancakes Choice of Cereal Goldfish Graham Crackers Juice & Vegetable Choice 1% Milk	29 French Toast Sticks Syrup Choice of Cereal Goldfish Graham Crackers Fruit & Vegetable Choice 1% Milk

PRICES

Elementary	\$1.65
MS/HS	\$2.15
Reduced	\$0.30
Adult	\$2.60
Extra Milk	\$.50

EXTRA INFO

Milk Choice of 1% White or Chocolate Skim included with Breakfast. For questions contact FSD Nancy Smith at taherfoods@mp.k12.us or call 608-987-0739 ext 460

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
Taher Food4Life®



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