



Mineral Point Elementary Lunch Menu

October
2022

Fruit and Vegetable Selection included with Lunch.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 French Toast Sticks Sausage Patty Turkey Deli Sub Sandwich Tri Tater Celery Sticks Baby Carrots Canned Fruit Bar 1% Milk	4 Chicken Nachos & Canned Cheese Sauce Lettuce, Tomato and Cheese Yogurt Pak with Bagel Black Beans Baby Carrots Fresh Fruit Bar 1% Milk	5 Chicken Parmesan w/Pasta Grape Uncrustable Steamed Peas Bread Stick Cucumber Slices Fresh Fruit Bar 1% Milk	6 Cheeseburger on a Bun Turkey Deli Sub Sandwich Golden Crinkle Cut French Fries Celery Sticks Baby Carrots Fresh Fruit Bar 1% Milk	7 Cheese Pizza Yogurt Pak with Bagel Green Beans Red/Orange Bell Pepper Cucumber Slices Canned Fruit Bar 1% Milk
10 NATL SCHOOL LUNCH WEEK Pancakes Scrambled Egg Grape Uncrustable Breakfast Potatoes Red/Orange Bell Pepper Baby Carrots Fresh Fruit Bar 1% Milk	11 Soft Beef Tacos Lettuce, Tomato and Cheese Turkey Deli Sub Sandwich Refried Beans Baby Carrots Celery Sticks Canned Fruit Bar 1% Milk	12 Grilled Chicken Sandwich Buttered Noodles Yogurt Pak with Bagel Green Beans Baby Carrots Cucumber Slices Fresh Fruit Bar 1% Milk	13 GREAT APPLE CRUNCH Mini Corn Dogs Grape Uncrustable Golden Crinkle Cut French Fries Broccoli Florets Cucumber Slices Fresh Apple 1% Milk	14 HOM: GARLIC Garlic Cheese Bread Marinara Sauce Ham Deli Sub Sandwich Caesar Side Salad Baby Carrots Fresh Fruit Bar 1% Milk Homemade Brownie
17 French Toast Sticks Sausage Patty Yogurt Pak with Bagel Breakfast Potatoes Celery Sticks Cucumber Slices Canned Fruit Bar 1% Milk	18 Walking Taco Lettuce, Tomato and Cheese Grape Uncrustable Black Beans Broccoli Florets Cauliflower Floret Fresh Fruit Bar 1% Milk	19 Grilled Cheese Sandwich Tomato Soup Turkey Deli Sub Sandwich Baby Carrots Cucumber Slices Canned Fruit Bar 1% Milk	20 Cheeseburger on a Bun Yogurt Pak with Bagel Kettle Potato Chips Baked Beans Broccoli Florets Cherry Tomato Fresh Fruit Bar 1% Milk	21 Cheese Pizza Grape Uncrustable Green Beans Red/Orange Bell Pepper Baby Carrots Canned Fruit Bar 1% Milk
24 Pancakes Scrambled Egg Ham Deli Sub Sandwich Tri Tater Celery Sticks Baby Carrots Fresh Fruit Bar 1% Milk	25 Chicken Tacos Yogurt Pak with Bagel Brown Rice Refried Beans Cauliflower Floret Baby Carrots Canned Fruit Bar 1% Milk	26 BBQ Chicken Sandwich Grape Uncrustable Kettle Potato Chips Baked Beans Broccoli Florets Cucumber Slices Fresh Fruit Bar 1% Milk	27 Crispy Chicken Nuggets Turkey Deli Sub Sandwich Golden Crinkle Cut French Fries Steamed Corn Baby Carrots Cucumber Slices Canned Fruit Bar 1% Milk	28 NO School
31 French Toast Sticks Sausage Patty Yogurt Pak with Bagel Breakfast Potatoes Cucumber Slices Broccoli Florets Fresh Fruit Bar 1% Milk				

PRICES

Elementary	\$2.95
MS/HS	\$3.30
Reduced	\$4.40
Adult	\$4.65
Extra Milk	\$.60

EXTRA INFO

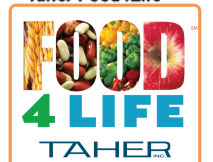
Milk Choice of 1% White or Chocolate Skim included with Lunch. For questions contact FSD Kimmy Cleary at taherfoods@mp.k12.us or call 608-987-0739 ext 460

HARVEST OF



THE MONTH

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Taher Food4Life®



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