



# Mineral Point Elementary Lunch Menu

October  
2023

Fruit and Vegetable Selection included with Lunch.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>Beef Hot Dog on a Bun</p> <p>Turkey Deli Sandwich</p> <p>Golden French Fries Baby Carrots Banana Milk Choice</p>	<p><b>3</b></p> <p>Soft Beef Tacos Lettuce, Tomato and Cheese</p> <p>Turkey Deli Sandwich</p> <p>Refried Beans Baby Carrots Banana Milk Choice</p>	<p><b>4</b></p> <p>Chicken Potstickers Chicken Fried Rice</p> <p>Grape Uncrustable</p> <p>Steamed Peas Baby Carrots Banana Milk Choice</p>	<p><b>5</b></p> <p>Corn Dog</p> <p>Turkey Deli Sandwich</p> <p>Roasted Broccoli Baby Carrots Mixed Canned Fruit Banana Milk Choice</p>	<p><b>6</b></p> <p>Cheese Pizza</p> <p>Turkey Deli Sandwich</p> <p>California Blend Vegetable Baby Carrots Diced Pears Milk Choice</p>
<p><b>9</b></p> <p>French Toast Sticks Sausage Patty</p> <p>Crispy Chicken Wrap</p> <p>Tri Tater Cherry Tomato Applesauce Fresh Pear Milk Choice</p>	<p><b>10</b></p> <p>Macaroni &amp; Cheese Whole Grain Dinner Roll</p> <p>Crispy Chicken Wrap</p> <p>Roasted Broccoli Cherry Tomato Mixed Canned Fruit Milk Choice</p>	<p><b>11</b></p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Grape Uncrustable</p> <p>Golden French Fries Baby Carrots Fresh Pear Milk Choice</p>	<p><b>12</b></p> <p>Pizza Dippers Marinara Sauce</p> <p>Crispy Chicken Wrap</p> <p>Steamed Green Beans Cherry Tomato Peaches, Diced Fresh Grapes Milk Choice</p>	<p><b>13</b></p> <p>Pepperoni Pizza</p> <p>Yogurt Pak with Bagel</p> <p>Roasted Broccoli Cherry Tomato Diced Pears Fresh Pear Milk Choice</p>
<p><b>16</b></p> <p>Beefy Chili Over Cornbread Bowl</p> <p>Turkey BLT Wrap</p> <p>Potato Wedges Cherry Tomato Fresh Pear Milk Choice</p>	<p><b>17</b></p> <p>Chicken Nachos W/ Cheese Lettuce, Tomato and Cheese</p> <p>Turkey BLT Wrap</p> <p>Refried Beans Cherry Tomato Fresh Apple Milk Choice</p>	<p><b>18</b></p> <p>Beef Hot Dog on a Bun</p> <p>Grape Uncrustable</p> <p>Tater Tots Cherry Tomato Mixed Canned Fruit Milk Choice</p>	<p><b>19</b></p> <p>Pasta with Meat Sauce Garlic Breadstick</p> <p>Turkey BLT Wrap</p> <p>Roasted Broccoli Cherry Tomato Applesauce Milk Choice</p>	<p><b>20</b></p> <p>French Toast Sticks Sausage Patty</p> <p>Yogurt Pak with Bagel</p> <p>Glazed Carrots Baby Carrots Diced Pears Fresh Grapes Milk Choice</p>
<p><b>23</b></p> <p>Pancakes Scrambled Egg</p> <p>Ham &amp; Cheese Munchable</p> <p>Tri Tater Baby Carrots Banana Milk Choice</p>	<p><b>24</b></p> <p>Crispy Chicken Sandwich</p> <p>Ham &amp; Cheese Munchable</p> <p>Black Beans Baby Carrots Mixed Canned Fruit Banana Milk Choice</p>	<p><b>25</b></p> <p>Grilled Ham &amp; Cheese</p> <p>Grape Uncrustable</p> <p>Roasted Broccoli Baby Carrots Peaches, Diced Milk Choice</p>	<p><b>26</b></p> <p>Chicken Potstickers Chicken Fried Rice</p> <p>Ham &amp; Cheese Munchable</p> <p>Kung Fu Carrots Baby Carrots Applesauce Banana Milk Choice</p>	<p><b>27</b></p> <p>** No School**</p>
<p><b>30</b></p> <p>Macaroni &amp; Cheese Whole Grain Dinner Roll</p> <p>Honey Mustard Ham Wrap</p> <p>Steamed Peas Broccoli Florets Fresh Apple Milk Choice</p>	<p><b>31</b></p> <p>Soft Beef Tacos Lettuce, Tomato and Cheese</p> <p>Honey Mustard Ham Wrap</p> <p>Refried Beans Broccoli Florets Mixed Canned Fruit Milk Choice</p>			

PRICES

Elementary	\$2.95
MS/HS	\$3.30
Reduced	\$.40
Adult	\$4.65
Extra Milk	\$.60

EXTRA INFO

Milk Choice of 1% White or Chocolate Skim included with Lunch. For questions contact FSD Kimmy Cleary at [taherfoods@mp.k12.us](mailto:taherfoods@mp.k12.us) or call 608-987-0739 ext 460

HARVEST OF



THE MONTH

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