



# Mineral Point Schools Breakfast Menu Grab and Go

October  
2022

Fruit and Vegetable Selection included with Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>Breakfast Sandwich Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>4</b></p> <p>Blueberry Muffin Cheese Stick Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>5</b></p> <p>Vanilla Frosted Long John Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>6</b></p> <p>Breakfast Bowl Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>7</b></p> <p>Mini Eggo Waffles Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>
<p><b>10</b></p> <p>Cheesy Ham Melt Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>11</b></p> <p>Blueberry Loaf Cheese Stick Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>12</b></p> <p>Breakfast Sandwich Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>13</b></p> <p>Cinnamon Roll Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>14</b></p> <p>Breakfast Burrito Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>
<p><b>17</b></p> <p>Breakfast Sandwich Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>18</b></p> <p>Mini Eggo Waffles Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>19</b></p> <p>Vanilla Frosted Long John Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>20</b></p> <p>Banana Choc Chip Muffin Cheese Stick Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>21</b></p> <p>Breakfast Sandwich Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>
<p><b>24</b></p> <p>Mini Pancakes Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>25</b></p> <p>Mini Donut Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>26</b></p> <p>Breakfast Sandwich Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>27</b></p> <p>Vanilla Frosted Long John Cheese Stick Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p><b>28</b></p> <p>No School</p>
<p><b>31</b></p> <p>Breakfast Sandwich Choice of Cereal Goldfish Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>				

**PRICES**

Elementary	\$1.75
MS/HS	\$2.25
Reduced	\$.30
Adult	\$2.60
Extra Milk	\$.60

**EXTRA INFO**

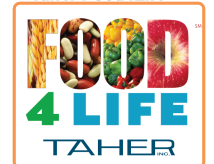
Milk Choice of 1% White or Chocolate Skim included with Breakfast. For questions contact FSD Kimmy Cleary at [taherfoods@mp.k12.us](mailto:taherfoods@mp.k12.us) or call 608-987-0739 ext 460

**HARVEST OF**



**THE MONTH**

Your MENUS plus more information on our app  
TaHer Food4Life®



[www.taHer.com](http://www.taHer.com)