## NOVEMBER 2024

## **Mineral Point School District**

BREAKFAST



Milk Choice of 1% White or Chocolate Skim included with Breakfast. For questions contact FSD Kimmy Mumm at foodservicedirector@mp.k12.us or call 608-987-0734



**November 25 is National Parfait Day!** Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



## MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Menus are subject to change without notice. This institution is an equal opportunity provider.



Mini Ego Waffles, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk 0

Mini Cinni, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Breakfast Sandwich, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Cinnamon Roll, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Breakfast Sandwich, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk 7 Mini Donut & String Cheese, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk

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**Veterans Day** 

Vanilla Frosted Long John, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Breakfast Sandwich, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk

Banana Chocolate Loaf & String Cheese, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Breakfast Sandwich, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Mini Cinni, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk

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Strawberry Cream Cheese Bagel, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Breakfast Sandwich, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Cinnamon Roll, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Breakfast Sandwich, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Vanilla Frosted Long John, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk

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Banana Chocolate Loaf & String Cheese, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk Breakfast Sandwich, Choice of Cereal, Goldfish Graham Cracker, Juice Choice, Apple, 1% Milk

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