



Regular physical
activity helps
the body
function better.

April
2016

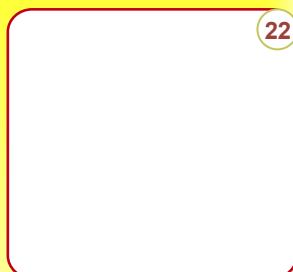
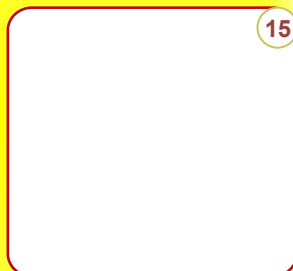
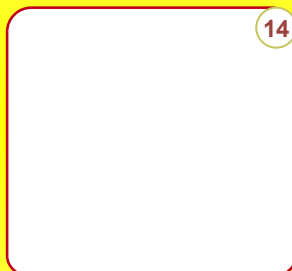
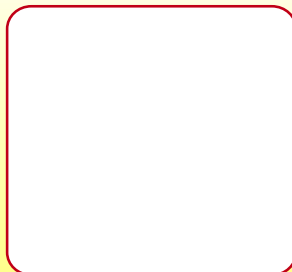
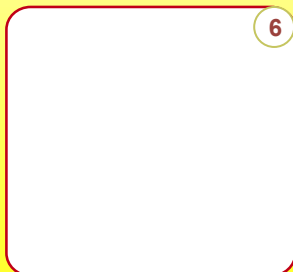
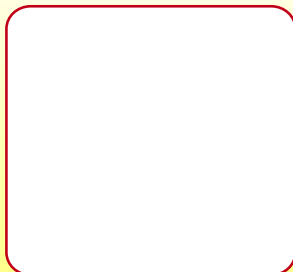
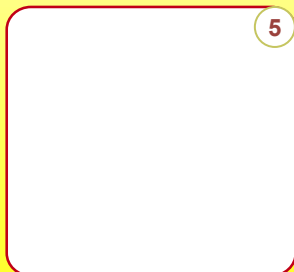
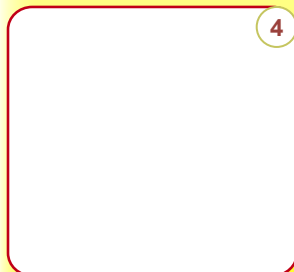
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



HARVEST OF THE MONTH

Mango
Spring Peas
Nutmeg

