

MARCH 2025

Mineral Point School Elementary

LUNCH



School Information: Milk Choice of 1% White or Chocolate Skim included with Lunch. For questions contact FSD Kimmy Mumm at foodservicedirector@mp.k12.us or call 608-987-0734



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.



References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

Chicken Nuggets, OR Ham Sandwich, Baked Beans, Fruit & Veggie Bar, 1%Milk **3**

Pancakes, Scrambled Eggs, OR Uncrustable Pack, Hashbrowns, Fruit & Veggie Bar, 1%Milk **10**

Hot Dog OR Turkey Sandwich, French Fries, Fruit & Veggie Bar, 1%Milk **17**

Spring Break **24**

French Toast, Sausage Patty, Uncrustable Pack, Hashbrown, Fruit & Veggie Bar, 1%Milk **31**

TUESDAY

Chicken Nachos, OR Ham Sandwich, Brown Rice, Refried Beans, Fruit & Veggie Bar, 1%Milk **4**

Beef Walking Taco, OR Uncrustable Pack, Black Beans, Brown Rice, Fruit & Veggie Bar, 1%Milk **11**

Soft Shell Taco, OR Turkey Sandwich, Brown Rice, Refried Beans, Fruit & Veggie Bar, 1%Milk **18**

Spring Break **25**

WEDNESDAY

Fish Sticks, OR Ham Sandwich, French Fries, Fruit & Veggie Bar, 1%Milk **5**

Mini Corn Dog, OR Uncrustable Pack, Corn, Fruit & Veggie Bar, 1%Milk **12**

Chicken Nuggets, OR Turkey Sandwich, Baked Bean, Fruit & Veggie Bar, 1%Milk **19**

Spring Break **26**

THURSDAY

Pasta with Meat Sauce, OR Ham Sandwich, Broccoli, Fruit & Veggie Bar, 1%Milk **6**

BBQ Pork Sandwich, OR Uncrustable Pack, Steamed Carrots, Fruit & Veggie Bar, 1%Milk **13**

Pasta with Meat Sauce, OR Turkey Sandwich, Broccoli, Fruit & Veggie Bar, 1%Milk **20**

Spring Break **27**

FRIDAY

Pizza Dippers, OR Ham Sandwich, Green Beans, Fruit & Veggie Bar, 1%Milk **7**

Choice of Pizza, OR Uncrustable Pack, Roasted Broccoli, Fruit & Veggie Bar, 1%Milk **14**

Pizza Dippers, OR Turkey Sandwich, Broccoli, Fruit & Veggie Bar, 1%Milk **21**

Spring Break **28**



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