

DECEMBER 2024

Mineral Point School Middle/High School

LUNCH



School Information: Milk Choice of 1% White or Chocolate Skim included with Lunch. For questions contact FSD Kimmy Mumm at foodservedirector@mp.k12.us or call 608-987-0734



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains. Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

French Toast & Sausage Patty OR, Corn Dog, Fruit & Veggie Bar, 1%Milk **2**

Walking Taco, OR Choice of Pizza, Spanish Rice, Black Beans, Fruit & Veggie Bar, 1%Milk **3**

Meatball Sub OR, Cheesy Bread, Green Beans, Fruit & Veggie Bar, 1%Milk **4**

BBQ Chicken Sandwich, OR Choice of Pizza, Baked Beans, Fruit & Veggie Bar, 1%Milk **5**

Orange Chicken, OR Pizza Dippers, Brown Rice, Steamed Carrots, Fruit & Veggie Bar, 1%Milk **6**

Hamburger, OR Hot Dog, French Fries, Fruit & Veggie Bar, 1%Milk **9**

Soft Shell Taco, Or Choice of Pizza, Brown Rice, Refried Beans, Fruit & Veggie Bar, 1%Milk **10**

Pasta With Meat Sauce, OR Cheesy Bread, Green Beans, Fruit & Veggie Bar, 1%Milk **11**

Potstickers, OR Choice of Pizza, Brown Rice, Steamed Carrots, Fruit & Veggie Bar, 1%Milk **12**

Sloppy Joe, OR Pizza Dippers, Corn, Fruit & Veggie Bar, 1%Milk **13**

Pancakes, & Scrambled Eggs OR Corn Dogs, Hashbrowns, Fruit & Veggie Bar, 1%Milk **16**

Nachos, OR Choice of Pizza, Spanish Rice, Black Beans, Fruit & Veggie Bar, 1%Milk **17**

BBQ Pork Sandwich, OR Chicken Patty on Bun, Baked Beans, Fruit & Veggie Bar, 1%Milk **18**

Tater Tot Casserole, OR Choice of Pizza, Green Beans, Fruit & Veggie Bar, 1%Milk **19**

Grilled Cheese & Chicken Noodle Soup, OR Pizza Dippers, Roasted Broccoli, Fruit & Veggie Bar, 1%Milk **20**

No School Merry Christmas **23**

No School Merry Christmas **24**

No School Merry Christmas **25**

No School Merry Christmas **26**

No School Merry Christmas **27**

No School Merry Christmas **30**

No School Merry Christmas **31**



Menus are subject to change without notice. This institution is an equal opportunity provider.