

DECEMBER 2024

Mineral Point School Elementary



School Information: Milk Choice of 1% White or Chocolate Skim included with Lunch. For questions contact FSD Kimmy Mumm at foodservedirector@mp.k12.us or call 608-987-0734



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains. Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pancake with Scrambled Eggs or Yogurt Pack, Hashbrowns, Fruit & Veggie Bar, 1%Milk **2**

Walking Taco, OR Yogurt Pack, Brown Rice, Refried Beans, Fruit & Veggie Bar, 1%Milk **3**

Chicken Nuggets, OR Yogurt Pack, Steamed Corn, Fruit & Veggie Bar, 1%Milk **4**

Fish Sticks, OR Yogurt Pack, Roasted Broccoli, Fruit & Veggie Bar, 1%Milk **5**

Choice of Pizza OR Yogurt Pack, Green Beans, Fruit & Veggie Bar, 1%Milk **6**

Hamburger, OR Uncrustable Pack, French Fries, Fruit & Veggie Bar, 1%Milk **9**

Soft Shell Taco, OR Uncrustable Pack, Brown Rice, Black Beans, Fruit & Veggie Bar, 1%Milk **10**

Mini Corn Dogs, OR Uncrustable Pack, Steamed Corn, Fruit & Veggie Bar, 1%Milk **11**

Pasta With Meatsauce, OR Uncrustable Pack, Roasted Broccoli, Fruit & Veggie Bar, 1%Milk **12**

Pizza Dippers, OR Uncrustable Pack, Green Beans, Fruit & Veggie Bar, 1%Milk **13**

French Toast Sticks, Sausage Patty, OR Yogurt Pack, Hashbrowns, Fruit & Veggie Bar, 1%Milk **16**

Beef Nachos, OR Yogurt Pack, Brown Rice, Refried Beans, Fruit & Veggie Bar, 1%Milk **17**

Chicken Nuggets, OR Yogurt Pack, Streamed Corn, Fruit & Veggie Bar, 1%Milk **18**

Mac & Cheese, Garlic Bread, OR Yogurt Pack, Roasted Broccoli, Fruit & Veggie Bar, 1%Milk **19**

Choice of Pizza, Yogurt Pack, Green Beans, Fruit & Veggie Bar, 1%Milk **20**

No School Merry Christmas **23**

No School Merry Christmas **24**

No School Merry Christmas **25**

No School Merry Christmas **26**

No School Merry Christmas **27**

No School Merry Christmas **30**

No School Merry Christmas **31**



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