DECEMBER 2024 Mineral Point School District BREAKFA Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. School Information: Milk Choice of 1% White or Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell Chocolate Skim included with Breakfast. For peppers, mushrooms, zucchini, and artichoke hearts. questions contact FSD Kimmy Mumm at foodservicedirector@mp.k12.us or call 608-987-0734 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDA Mini Ego Waffles, **Breakfast Sandwich**, Long John, Choice of Mini Donut & String **Breakfast Sandwich**, 6 Choice of Cereal, Cheese, Choice of Choice of Cereal, Choice of Cereal. Cereal, Goldfish **Goldfish Graham Goldfish Graham** Graham Cracker, Juice Cereal, Goldfish **Goldfish Graham** Cracker, Juice Choice, Cracker, Juice Choice, Choice, Apple, 1% Graham Cracker, Juice Cracker, Juice Choice, Apple, 1% Milk Apple, 1% Milk Milk Choice, Apple, 1% Apple, 1% Milk Milk 9 10 11 12 13 Long John, Choice of Breakfast Sandwich. Mini Ego Waffles, Breakfast Sandwich. **Mini Donut & String Cereal, Goldfish** Choice of Cereal. Choice of Cereal. Choice of Cereal Cheese, Choice of Graham Cracker, Juice **Goldfish Graham Goldfish Graham Goldfish Graham** Cereal, Goldfish Choice, Apple, 1% Cracker, Juice Choice, Cracker, Juice Choice, Cracker, Juice Choice, Graham Cracker. Milk Apple, 1% Milk Apple, 1% Milk Juice Choice, Apple, Apple, 1% Milk 1% Milk 18 Mini Ego Waffles, 16 Breakfast Sandwich. 17 Long John, Choice of Banana Bread & 20 Breakfast Sandwich. 19 Choice of Cereal, Choice of Cereal. **Cereal, Goldfish** Choice of Cereal. String Cheese, Choice **Goldfish Graham Goldfish Graham** Graham Cracker, Juice **Goldfish Graham** of Cereal, Goldfish Cracker, Juice Choice, Cracker, Juice Choice, Choice, Apple, 1% Cracker, Juice Choice, Graham Cracker. Apple, 1% Milk Apple, 1% Milk Milk Apple, 1% Milk Juice Choice, Apple, 1% Milk 23 24 27 **No School Merry** No School Merry No School Merry 25 No School Merry 26 **No School Merry** Christmas Christmas Christmas Christmas Christmas 30 No School Merry 31 No School Merry Menus are subject to Christmas Christmas change without notice. This institution is an equal opportunity provider.