

DECEMBER 2024 Mineral Point School District

BREAKFAST



School Information: Milk Choice of 1% White or Chocolate Skim included with Breakfast. For questions contact FSD Kimmy Mumm at foodservedirector@mp.k12.us or call 608-987-0734



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Mini Ego Waffles,
Choice of Cereal,
Goldfish Graham
Cracker, Juice Choice,
Apple, 1% Milk

2

Breakfast Sandwich,
Choice of Cereal,
Goldfish Graham
Cracker, Juice Choice,
Apple, 1% Milk

3

Long John, Choice of
Cereal, Goldfish
Graham Cracker, Juice
Choice, Apple, 1%
Milk

4

Mini Donut & String
Cheese, Choice of
Cereal, Goldfish
Graham Cracker, Juice
Choice, Apple, 1%
Milk

5

Breakfast Sandwich,
Choice of Cereal,
Goldfish Graham
Cracker, Juice Choice,
Apple, 1% Milk

6

Long John, Choice of
Cereal, Goldfish
Graham Cracker, Juice
Choice, Apple, 1%
Milk

9

Breakfast Sandwich,
Choice of Cereal,
Goldfish Graham
Cracker, Juice Choice,
Apple, 1% Milk

10

Mini Ego Waffles,
Choice of Cereal,
Goldfish Graham
Cracker, Juice Choice,
Apple, 1% Milk

11

Breakfast Sandwich,
Choice of Cereal
Goldfish Graham
Cracker, Juice Choice,
Apple, 1% Milk

12

Mini Donut & String
Cheese, Choice of
Cereal, Goldfish
Graham Cracker,
Juice Choice, Apple,
1% Milk

13

Mini Ego Waffles,
Choice of Cereal,
Goldfish Graham
Cracker, Juice Choice,
Apple, 1% Milk

16

Breakfast Sandwich,
Choice of Cereal,
Goldfish Graham
Cracker, Juice Choice,
Apple, 1% Milk

17

Long John, Choice of
Cereal, Goldfish
Graham Cracker, Juice
Choice, Apple, 1%
Milk

18

Breakfast Sandwich,
Choice of Cereal,
Goldfish Graham
Cracker, Juice Choice,
Apple, 1% Milk

19

Banana Bread &
String Cheese, Choice
of Cereal, Goldfish
Graham Cracker,
Juice Choice, Apple,
1% Milk

20

No School Merry
Christmas

23

No School Merry
Christmas

24

No School Merry
Christmas

25

No School Merry
Christmas

26

No School Merry
Christmas

27

No School Merry
Christmas

30

No School Merry
Christmas

31



Menus are subject to change without notice. This institution is an equal opportunity provider.