



COVID-19 Reopening Guidance: Use of MPUSD Indoor Athletic Facilities 2020-2021

The following guidelines are to help ensure athlete and coach safety for open gyms at MPUSD indoor facilities:

- Participation in contact days and open gyms is voluntary. Participants are limited to MPHS athletes and coaching staff. A waiver must be signed by the parent/guardian and athlete before participating in an open gym.
- Scheduling times for open gym will be strictly adhered to.
- Post signs prominently indicating no one should attend or participate in practice if they currently have symptoms or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days.
- Masks are recommended to be worn by athletes and coaches.
- Athletes and coaches will enter and exit the gym at the designated entrance (north gym entrance).
- No locker rooms may be used. There will be a designated bathroom that will be open.
- Athletes should not congregate in the hallways.
- No food will be allowed.
- Parents must remain in their cars or drop off and pick up players after practice. Drop off should be no earlier than 5 minutes before scheduled start time.
- Athletes should use their equipment as much as possible. (Bring your own basketball or volleyball if possible).
- Coaches are responsible for ensuring social distancing is maintained between athletes as much as possible. Athletes must bring their own water/beverage to consume during and after practice. No shared drinking fountains, portable hydration stations, or coolers may be used.
- Coaches must sanitize shared equipment before and after each use.
- Athletes and coaches should check their temperatures before attending practices.
- Anyone with symptoms of illness is not allowed to practice.
- Coaches should be knowledgeable of their students with pre-existing health conditions and work with school nurses or other health officials to take additional precautions as needed.
- Athletes should be encouraged to provide their own hand sanitizer.
- Coaches must ban spitting and chewing gum.

- Coaches are responsible for tracking absences for the purpose of noting potential COVID-19 cases.
- Contact public health if a positive case of COVID-19 is reported.