

SEPTEMBER 2024

Mineral Point School Elementary

LUNCH



Milk Choice of 1% White or Chocolate Skim included with Lunch. For questions contact FSD Kimmy Mumm at foodservedirector@mp.k12.us or call 608-987-0734



September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY

Labor Day

2

TUESDAY

Hot Dog Or Uncrustable Pack, Baked Beans, Fruit & Veggie Bar, 1% Milk

3

WEDNESDAY

Mini Corn Dog or Uncrustable Pack, French Fries, Fruit & Veggie Bar, 1% Milk

4

THURSDAY

BBQ Rib Sandwich or Uncrustable Pack, Kettle Chips, Fruit & Veggie Bar, 1% Milk

5

FRIDAY

Choice of Pizza or Uncrustable Pack, Roasted Broccoli, Fruit & Veggie Bar, 1% Milk

6

Pancakes with Scrambled Eggs or Yogurt Pack, Hashbrowns, Fruit & Veggie Bar, 1% Milk

9

Soft Shell Beef Taco or Yogurt Pack, Refried Beans, Fruit & Veggie Bar, 1% Milk

10

Chicken Nuggets, Dinner Roll, Baked Beans or Yogurt Pack, Fruit & Veggie Bar, 1% Milk

11

Hot Ham & Cheese or Yogurt Pack, French Fries, Fruit & Veggie Bar, 1% Milk

12

Pizza Dippers or Yogurt Pack, Roasted Broccoli, Fruit & Veggie Bar, 1% Milk

13

Hamburger or Uncrustable Pack, Baked Beans, Fruit & Veggie Bar, 1% Milk

16

Beef Nachos, or Uncrustable Pack, Refried Beans, Fruit & Veggie Bar, 1% Milk

17

Fish Sticks or Uncrustable Pack, French Fries, Fruit & Veggie Bar, 1% Milk

18

Pulled Pork Sandwich or Uncrustable Pack, Corn, Fruit & Veggie Bar, 1% Milk

19

Choice of Pizza or Uncrustable Pack, Roasted Broccoli, Fruit & Veggie Bar, 1% Milk

20

French Toast & Sausage Patty or Yogurt Pack, Hashbrowns, Fruit & Veggie Bar, 1% Milk

23

Beef Walking Taco or Yogurt Pack, Black Beans, Fruit & Veggie Bar, 1% Milk

24

Hot Dog or Yogurt Pack, Baked Beans, Fruit & Veggie Bar, 1% Milk

25

Pasta With Meat sauce or Yogurt Pack, Green Beans, Fruit & Veggie Bar, 1% Milk

26

Pizza Dippers or Yogurt Pack, Roasted Broccoli, Fruit & Veggie Bar, 1% Milk

27

Hot Ham & Cheese Sandwich or Uncrustable Pack, French Fries, Fruit & Veggie Bar, 1% Milk

30

Menus are subject to change without notice. This institution is an equal opportunity provider.

