Don't forget to eat your vegetables.

Mineral Point Fruit and Vegetable

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Celery Sticks Broccoli Florets Baby Carrots Fruit	3 Garbanzo Beans Tomatoes Radishes Fruit	4 Celery Sticks Broccoli Florets Baby Carrots Fruit	5 Tomatoes Baby Spinach Peppers Fruit	6 Celery Sticks Broccoli Florets Baby Carrots Fruit
9 Cucumbers Tomatoes Cauliflower Fruit	10 Baby Carrots Broccoli Florets LCR Lettuce Fruit	11 Black Beans Tomatoes Cauliflower Fruit	12 Baby Carrots Broccoli Florets LCR Lettuce Fruit	13 Cucumbers Tomatoes Cauliflower Fruit
16 Celery Sticks Broccoli Florets Baby Carrots Fruit	17 Garbanzo Beans Tomatoes Radishes Fruit	18 Celery Sticks Broccoli Florets Baby Carrots Fruit	19 Cauliflower Tomatoes Radishes Fruit	20 Celery Sticks Broccoli Florets Baby Carrots Fruit
23 Cauliflower Tomatoes Celery Sticks Fruit	24 Romaine Lettuce Baby Carrots Broccoli Florets Fruit	25 Cauliflower Tomatoes Celery Sticks Fruit	26 Romaine Lettuce Baby Carrots Broccoli Florets Fruit	27 NO SCHOOL
30 Tomatoes Baby Spinach Cucumber Slices Fruit	31 Lettuce Red Peppers Celery Sticks Fruit	Tomatoes Baby Spinach Cucumber Slices Fruit		FOOD 4 Thought

PRICES

Elementary	$2.70
MS/HS	$3.05
Adult	$4.05
Reduced	$0.40
Extra Milk	$0.50

HARVEST OF THE MONTH

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact Nancy Smith at 608-987-0739 ext 460 or email taherfoodservices@mp.k12.wi.us

Nourishing the Minds of the Future™ TAHER

Menus are subject to change without notice. This institution is an equal opportunity provider.

www.taher.com