



Get moving!
Be active
each and every day!

MARCH 2016

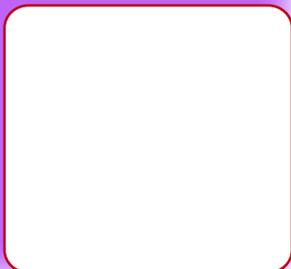
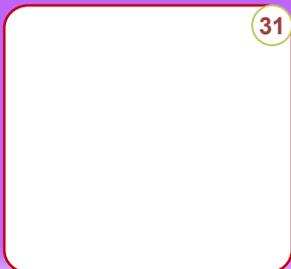
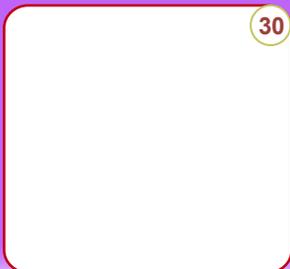
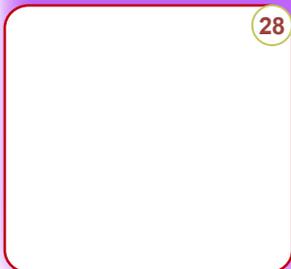
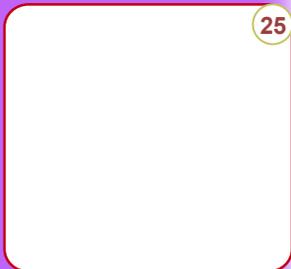
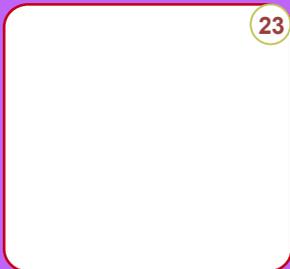
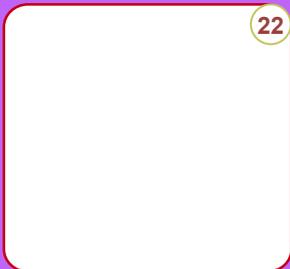
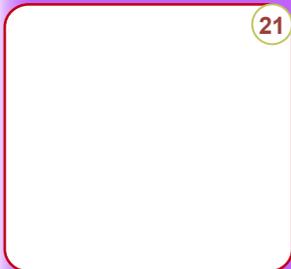
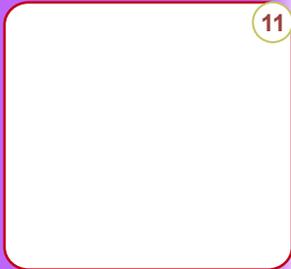
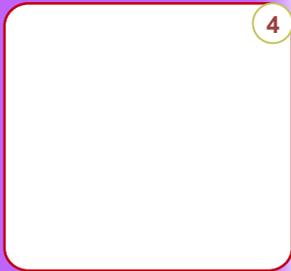
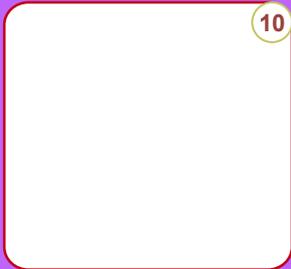
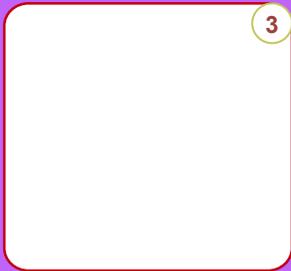
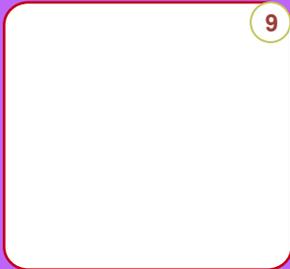
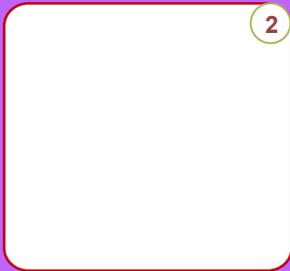
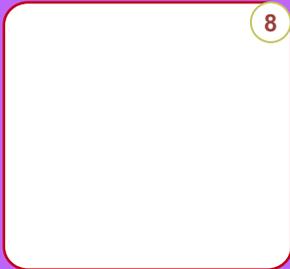
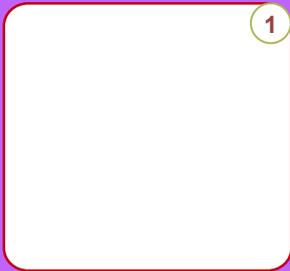
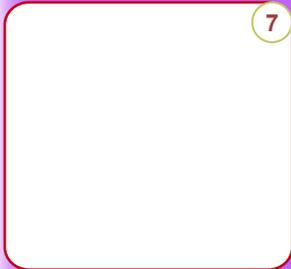
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



HARVEST OF THE MONTH



PINEAPPLE

BROCCOLI

FRESH BASIL

