



Regular physical activity helps the body function better.

# April 2016

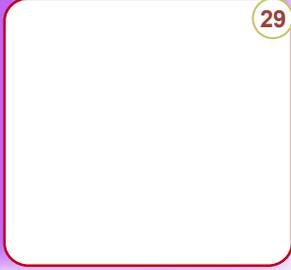
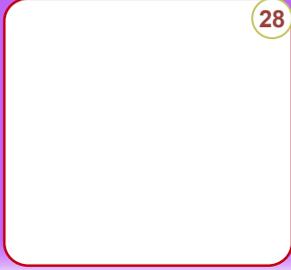
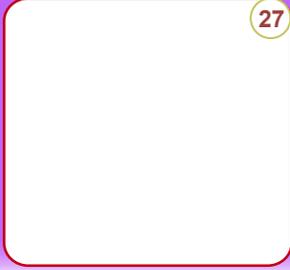
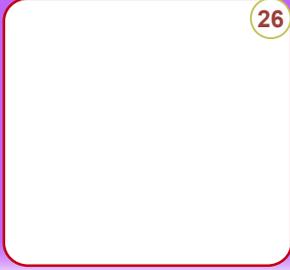
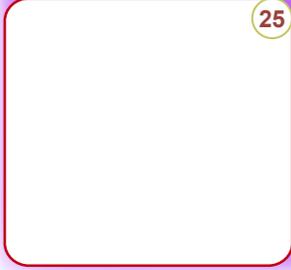
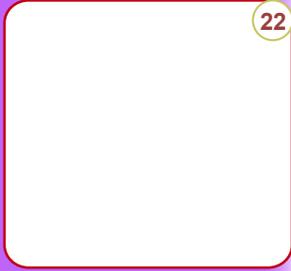
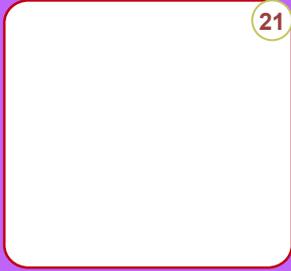
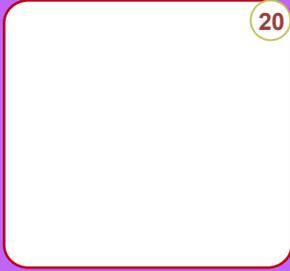
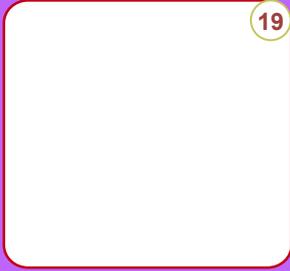
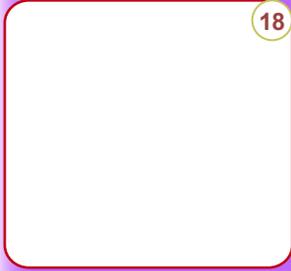
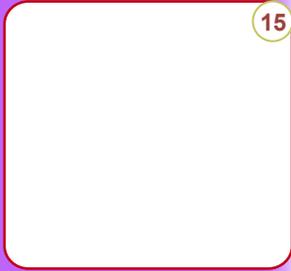
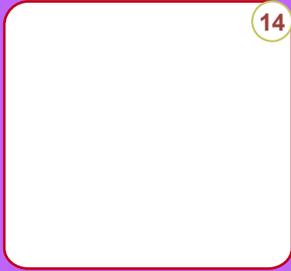
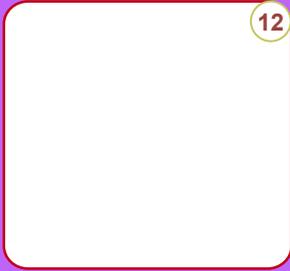
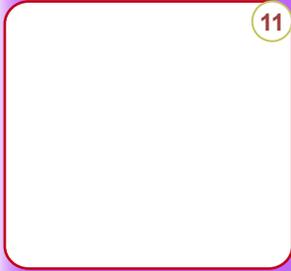
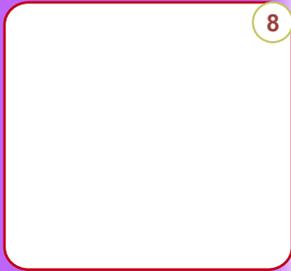
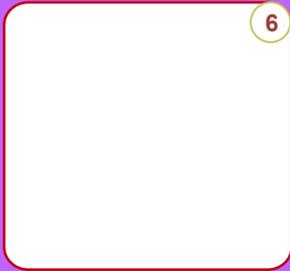
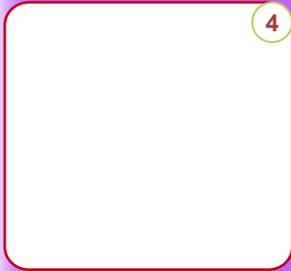
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



HARVEST OF THE MONTH

Mango  
Spring Peas  
Nutmeg

